**Translation, Validation and Extended Factor Models of the German State Difficulties in Emotion Regulation Scale (S-DERS)**

Sicorello1,2, M., Elsaesser3, M., Kolar4, D. R.

1Institute for Psychosomatic Medicine and Psychotherapy, Central Institute of Mental Health, Medical Faculty Mannheim, Heidelberg University, Heidelberg, Germany

2German Center for Mental Health (DZPG), Partner Site Mannheim, Mannheim, Germany

3Department of Psychiatry and Psychotherapy, Medical Center – University of Freiburg, Faculty of Medicine, University of Freiburg, Freiburg, Germany

4Department of Psychology, University of Regensburg, Regensburg, Germany

The study was approved by the Ethical Board II of Heidelberg University, Germany (2021-519). All participant provided written consent.

Correspondence concerning this article should be addressed to Dr. Maurizio Sicorello, Central Institute of Mental Health, J5, 68159 Mannheim, Germany.  
Email: [maurizio.sicorello@zi-mannheim.de](mailto:maurizio.sicorello@zi-mannheim.de)

All authors declare that they have no conflict of interest.

Preregistration, Data, and Code can be found on <https://osf.io/ebj6u/> and <https://github.com/MaurizioSicorello/SDERSvalid_Analysis>

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